



ATTENTION INTERVENTION (AI)

The **READ** Center offers group coaching designed to develop strategies for tackling the most common obstacles faced by students who have attention difficulties.

AI is intended for students who need to improve:

Organizational skills
Time management
Homework completion
Morning, Homework, Evening Routines
Written Expression
Note-taking
Self-Advocacy at School

Addressing the negative impact that attention difficulties have on both school performance and daily living skills requires motivation, dedication and a parent-child team approach.

We are excited to offer a new, innovative approach that addresses concerns and improves functioning for students with attention issues. Attention Intervention is a family-based approach and includes a cooperative effort between students and their parents. Parent groups and student groups will meet separately to explore strategies for addressing attention-related issues from both the parent and the student perspectives. Parents will work together with a counseling psychologist while students work with an educational specialist with the unified goal of maximizing efficiency and minimizing conflict through strategic behavior strategies and goal setting.

Groups are organized according to the age and the specific needs of the students involved and will include four, 2-hour sessions scheduled at times encourage consistent participation.

For a more comprehensive and aggressive intervention approach ask for information on **READ** Center's ALERT! Program that can be completed in conjunction with the Attention Intervention program.

Please contact Elizabeth A. Cox, Ph.D., **READ** Center Director, at 865-584-5558 for more information or to schedule participation in the Attention Intervention program.