

Parent-Child Services Group, Inc.

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SOS* Approach to Feeding Program (*Sequential Oral Sensory)

The SOS* Approach to Feeding Program integrates sensory, motor, oral, behavioral/learning, medical and nutritional approaches to comprehensively evaluate and manage children with feeding/growth problems. The treatment component of the program utilizes developmental steps of feeding to create a systematic desensitization hierarchy of skills/behaviors necessary for children to progress with eating a variety of textures.

The Group Therapy for SOS* promotes a social setting for feeding. While the children meet with the speech-language pathologist and occupational therapist for a "snack," the parents watch with the behavioral specialist on a video screen. Children have a chance to learn from their peers, as well as the therapists' intervention. Parents are provided with the opportunity to observe their child's feeding skills, to learn the reasons why children won't eat, to identify how adults may contribute to the problem, and to find ways to improve mealtimes at home.

The SOS* Approach to Feeding Program is designed to be completed in twelve weeks. Parents whose children are receiving individual oral-motor/feeding therapy may benefit from the group behavioral session alone and can register for only that portion as needed. All children must enter the group sessions with current oral-motor/feeding assessments.

For more information, or to make a referral for the groups, call Parent-Child Services Group, Inc. at (865) 584-5558.